

Domestic/home accident can be defined as those accident that occurs at home, surrounding and in neighborhood. Domestic/home accident are usually minor but could be fatal in some cases, most of the accident at home are inform of cuts, falls, burns, scalds etc

PREVENTION OF DOMESTIC /HOME ACCIDENT

1. discard defective household utensils
2. good structural designs
3. maintain clean environment
4. take adequate rest when necessary
5. avoid being in haste
6. avoid slippery floor
7. always keep drugs/other dangerous items like chemicals out of the reach of children
8. always maintain proper arrangement at home

(1) First Aid Treatment For slips And Falls

- . Check whether the patient is conscious or not.
- . Check for injuries (bruises and broken bones).
- . Place an ice pack to avoid further swelling in case you observe bumps.
- . Do not move the patient forcefully, offer support if he/she is unable to move his back or legs due to broken bones.
- . If there is bleeding, cover that area with a clean cloth and tie it firmly to stop further bleeding. In the case of the head, the cloth may be tied like a turban.
- . Stay with the patient, and ask someone to call the ambulance.

(2) Incase Of Burn:

- . Keep the burned area under cool running water (not cold) for about 5 to 10 minutes.
- . Remove rings, wrist watches and accessories from the burned area.
- . Avoid puncturing a blister, as the fluid inside promotes healing, prevents infection and keeps the skin protected.
- . The burned area should not be tightly covered, it is better to loosely bandage the area so that it doesn't stick to the skin.